Event in Support of: Wellspring

Have you got what it takes to fill these shoes?

Walk A Mile in Her Shoes® combines big hearts with big feet and brings the whole community together for a great cause. The event premise is simple: men walk the walk, outside, at Wellspring's Twice is Nice in women's shoes, raising eyebrows and funds in support of Wellspring Family Resource and Crisis Centre, Whitecourt's shelter for women and their children. For more information visit:

www.whitecourtshelter.ca

You can make a difference in three easy steps:

- 1. Say Yes: Men, sign up as an individual or recruit a team to join you to "Walk A Mile in Her Shoes®". Ladies, coach your colleagues, partners, family members and friends!
- **2. Collect Pledges:** Ask your colleagues, suppliers, clients, family, friends anyone who will give you money to walk around in a pair of heels, and invite them to attend the walk. Each individual registrant will have an online pledge page created, and a pledge form so all of your supporters can donate either online or in person..
- 3. Walk the Walk: Walk by yourself With a team With your "coach". Busy or out of town? No problem. Make a donation or reach your fund raising goal and 'delegate' a friend to walk for YOU! Don't want to walk? Donations accepted at any time.

Bring your cheerleaders!

Invite your co-workers, your friends down to cheer you on as you Walk the Walk!!

Wellspring's Twice is Nice is proud to sponsor our Early Bird Registration BBQ!

Pre-registration will take place May 3 from 11:30am-2:30pm at Twice is Nice at Midtown Mall Whitecourt.

Grab a burger, register, try on your shoes & guarantee your size for the big day.

*\$40 early bird registration ends May 3, 2018 Standard Registration \$50 per walker May 3, 2018 - June 1, 2018



Walker Name:		
Team Name:		

June 5, 2018 12:00pm - 1:00pm Midtown Mall - Twice is Nice, Whitecourt



www.whitecourtshelter.ca

Sponsor Name	Address	Postal Code	Phone	Pledge \$	Receipt Required	Cash/ Cheque
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
Please make all checus	es payable to: Wellspring Family I	Resource & Crisis Centre	Total Pledge	s Collected: \$		

Pledges are due at walk registration: June 5, 2018 at the Event - Wellspring's Twice is Nice

Good to Know

Information for Walkers and Teams

First of all, Thank You!

Without each and every one of our walkers, this event would not be possible. By taking a stand against family violence and violence against women, you raise awareness on this important issue and stand out as leaders in our community.

Before the event

Walk a

- Register Online, either individually, or as part of a team. This is how we track our walkers and keep you updated on the event.
- Pick Up a walker package from Wellspring, Wellspring's Twice is Nice,
 The Brick or XM105 and start fundraising!

Day of the Event

Bring:

- Your registration package including completed pledge & balance sheets.
- Your cheerleaders, seriously, the more the merrier!
- Your best strut!

Represent your company or team by wearing their logo.

Coveralls, work clothes, sports jerseys and uniforms. We would love to see you in your gear, and welcome you to bring a banner!

Program

4th Walk A Mile In Her Shoes Fundraising Event

June 5, 2018 Midtown Mall - Wellspring's Twice is Nice

11:00 - 12:00 - Sign In and Shoes

12:00 - 12:20 - Photo Ops & Games

12:20 - Ceremony and Speeches

12:30 - WALK the Walk

1:00 - Lunch Provided

For Walkers & Volunteers

(lunch available for purchase by spectators)

2018 Walk A Mile in Her Shoes®

In support of Wellspring Family Resource & Crisis Centre

Register On-line

www.whitecourtshelter.ca Click on the Red Shoe

Walker Registration

Last Name:		First Name:
DOB:		Team:
Mailing Address:		
Postal Code:		
Phone:		**Email:
Registrati	Registration Deadline: June 1, 2018	
Registration Fee:	on Fee:	
\$40.00	Early Registration by May 3, 2018	.018
\$50.00	After May 3, 2018	
Cheque\C	Cheque\Cash enclosed	

Mail or deliver to:

Wellspring Family Resource & Crisis Centre 5116 – 51 Avenue Whitecourt, AB T7S 1A1

Contact: Gillian wspublic@telus.net 780-778-6209