

# WALKERS & TEAMS

Event in Support of:



## Have you got what it takes to fill these shoes?

Walk A Mile in Her Shoes® combines big hearts with big feet and brings the whole community together for a great cause. The event premise is simple: men walk the walk, outside, at Wellspring's Twice is Nice in women's shoes, raising eyebrows and funds in support of Wellspring Family Resource and Crisis Centre, Whitecourt's shelter for women and their children. For more information visit:

[www.whitecourtshelter.ca](http://www.whitecourtshelter.ca)

### You can make a difference in three easy steps:

**1. Say Yes:** Men, sign up as an individual or recruit a team to join you to "Walk A Mile in Her Shoes®". Ladies, coach your colleagues, partners, family members and friends!

**2. Collect Pledges:** Ask your colleagues, suppliers, clients, family, friends – anyone who will give you money to walk around in a pair of heels, and invite them to attend the walk. - Each individual registrant will have an online pledge page created, and a pledge form so all of your supporters can donate either online or in person..

**3. Walk the Walk:** Walk by yourself – With a team – With your "coach". Busy or out of town? No problem. Make a donation or reach your fund raising goal and 'delegate' a friend to walk for YOU! Don't want to walk? Donations accepted at any time.

## Bring your cheerleaders!

**Invite your co-workers, your friends down to cheer you on as you Walk the Walk!!**

*Wellspring's Twice is Nice is proud to sponsor our Early Bird Registration BBQ!*

**Pre-registration will take place May 14 from 11:30am-2:30pm at Twice is Nice at Midtown Mall Whitecourt.**

**Grab a burger, register, try on your shoes & guarantee your size for the big day.**

*\*\$40 early bird registration ends May 14, 2019*

*Standard Registration \$50 per walker May 15, 2019 - June 11, 2019*

**Walk a  
Mile  
in Her Shoes®**



# Walker/Team Pledge Form

**Walker Name:**

**Team Name:**

June 18, 2019

12:00pm – 1:00pm

Midtown Mall - Twice is Nice, Whitecourt

[www.whitecourtshelter.ca](http://www.whitecourtshelter.ca)



Sponsor Name	Address	Postal Code	Phone	Pledge \$	Receipt Required	Cash/ Cheque
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	
					Y/N	

**\*Please make all cheques payable to: Wellspring Family Resource & Crisis Centre**

**Total Pledges Collected: \$**

**Pledges are due at walk registration: June 18, 2019 at the Event - Wellspring's Twice is Nice**

# Good to Know

## Information for Walkers and Teams



*First of all, Thank You!*

*Without each and every one of our walkers, this event would not be possible. By taking a stand against family violence and violence against women, you raise awareness on this important issue and stand out as leaders in our community.*

**Walk A Mile is HERE!!**

**The Big Day is TOMORROW!! Tuesday, June 18th**

### **Day of the Event**

#### **Bring:**

- Your registration package including completed pledge & balance sheets.
- Your cheerleaders, seriously, the more the merrier!
- Your best strut!

**Represent your company or team by wearing their logo.**

**Coveralls, work clothes, sports jerseys and uniforms.**

**We would love to see you in your gear, and**

**welcome you to bring a banner!**

### **Program**

#### **5<sup>th</sup> Walk A Mile In Her Shoes Fundraising Event**

June 18, 2019

Midtown Mall - Wellspring's Twice is Nice

**11:00 – 12:00 – Sign In and Shoes**

**12:00 – 12:20 – Photo Ops & Games**

**12:20 – Ceremony and Speeches**

**12:30 – WALK the Walk**

**1:00 – Lunch Provided**

**For Walkers, Volunteers & Spectators**

## 2019 Walk A Mile in Her Shoes®

In support of Wellspring Family Resource & Crisis Centre

### Register On-line

[www.whitecourtselter.ca](http://www.whitecourtselter.ca)

Click on the Red Shoe

#### Walker Registration

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Team: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

\*\*Email: \_\_\_\_\_

**Registration Deadline: June 11, 2019**

**Registration Fee:**

\$40.00 Early Registration by May 14, 2019

\$50.00 After May 14, 2019

Cheque\Cash enclosed \_\_\_\_\_

**Mail or deliver to:**

Wellspring Family Resource & Crisis Centre

5116 – 51 Avenue

Whitecourt, AB T7S 1A1

Contact: Trish

[wsoffice@telus.net](mailto:wsoffice@telus.net)

780-778-6209